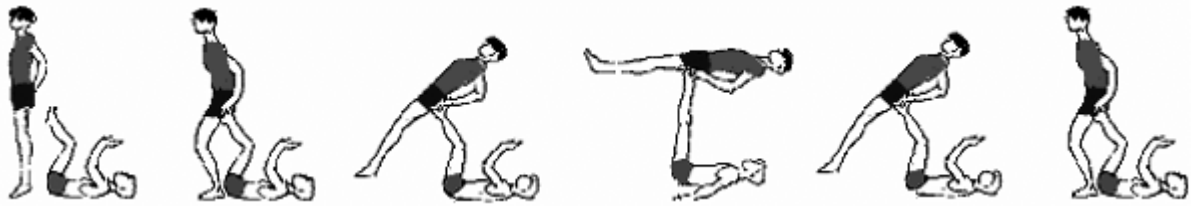


## Flieger vorwärts (Bauchflieger)



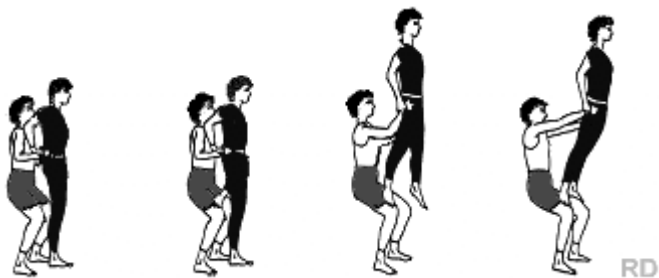
## Flieger rückwärts



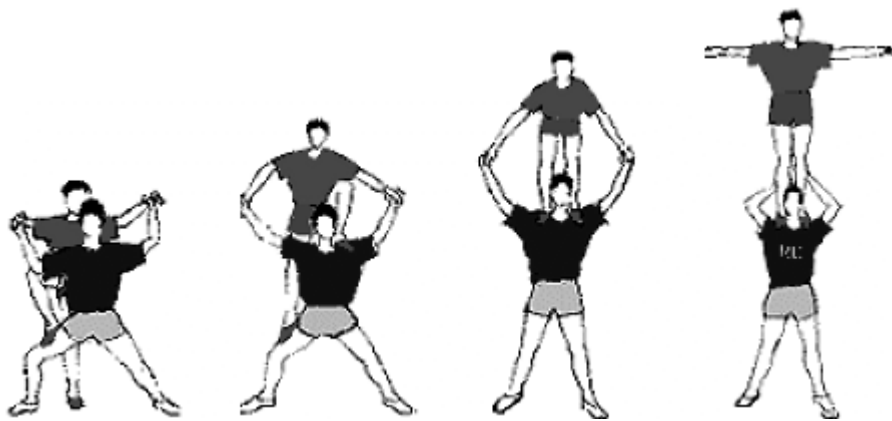
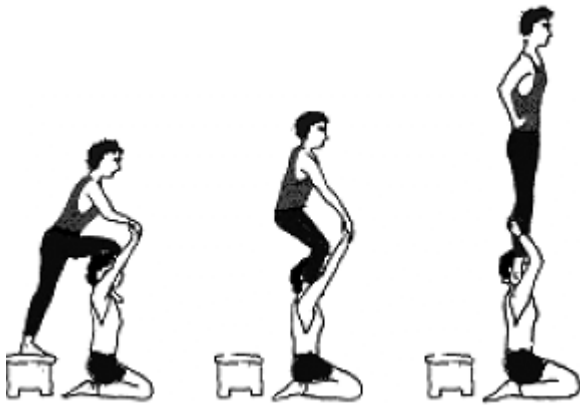
## Stuhl



## Gallionsfigur



## Übereinander stehen



## Schulterstand





Schwere Pyramiden

